



Off-Ice Class Schedule 2022-2023

Skaters in Level Pre-Free and up are eligible to attend. Sundays 5:00-5:45 p.m. at the MARC. Option to buy for the whole season **\$60** or pay per package.

Skaters should bring a yoga mat, tennis shoes, spin board, jump rope, water, and a healthy snack.

November Package \$20

Dates in November: 6, 13, 20, 27

December/January Package \$20

Dates in December: 4, 11, 18

Dates in January: 15

February/March Package \$20

Dates in February: 19, 26

Dates in March: 5, 12